### Course name:

## OPTIONAL SPECIALIZATION COURSE II: ANALYSIS OF BIOACTIVE COMPOUNDS IN CEREAL GRAIN

ECTS	4
Course status	complementary
Course final assessement/evaluation of	completion with grade
outcomes	
Prerequisites	no prerequisites

## Main field of study:

## field of study name (capital letters)

Profile of study	General-academic		
The code of studies (education level)	SM (master)		
Semester of studies	summer		
Language of instruction	English		

#### Course offered by:

Name of faculty offering the course	Faculty of Food Technology	
Name of department offering the course	Department of Carbohydrate Technology	
Course coordinator	Krzysztof Buksa PhD. DSc. Eng., associate professor	

#### Learning outcomes of the course:

		Reference to	
Symbol of outcome	Description of learning outcome	main field of study outcomes	discipline#
	KNOWLEDGE – student knows and/or understands:		
ABC_W1	bioactive compounds in cereal grain and is able to characterize them. He knows potential of cereals as a superfood. Student gains the knowledge about the influence of water soluble and insoluble dietary fiber on human health. He has the basis knowledge of chemical composition of dietary fiber and methods of analysis its compounds. He knows the influence of dietary fiber on technological properties in food production.	TŻ2_W01 TŻ2_W02 TŻ2_W03 TŻ2_W04 TŻ2_W05 TŻ2_W06 TŻ2_W09	R
ABC_W2	characteristics of polysaccharides in cereal grain taking into account their molecular dimensions. He knows the methods of molecular mass determination and practical application of the knowledge of cereal polysaccharides structure in food industry, pharmacy, cosmetics, medical sciences and more.	TŻ2_W01 TŻ2_W02 TŻ2_W03 TŻ2_W04 TŻ2_W05	R
ABC_W3	the division of proteins and the role of different fractions of proteins in cereal products. He characterizes the methods of protein isolation, examination of their structure and technological properties.	TŻ2_W01 TŻ2_W02 TŻ2_W04 TŻ2_W05	R
ABC_W4	phenolics of cereal grain; is able to present the mechanism of antioxidative action of polyphenols. Student knows the mechanism of oxidative cross-linking of polysaccharides through ferulic acid bridges formation and the influence of this process on properties of cereal products. He knows the mechanism of anti-cancer and anti-aging action of polyphenols.	TŻ2_W01 TŻ2_W02 TŻ2_W04 TŻ2_W05 TŻ2_W09	R

ABC_W5	substances responsible for ta	aste, smell and texture of cereal food products.	TŻ2_W01 TŻ2_W02 TŻ2_W03 TŻ2_W04	R	
ABC_W6	examples of practical usage industry, pharmacy, cosmeto	of the knowledge concerning bioactive compounds in food logy and medical sciences.	TŻ2_W01 TŻ2_W02 TŻ2_W03 TŻ2_W04 TŻ2_W09	R	
		SKILLS – student is able to:		•	
ABC_U1	chia seeds) and its derivative	ar content in cereal grain and other plant material (e.g. is using TLC and HPLC chromatography. Is able to aph and chromatographic software. He is able to calculate	TŻ2_U02 TŻ2_U03 TŻ2_U05 TŻ2_U07 TŻ2_U08	R	
ABC_U2	arabinoxylan, β-glucan using He is able to prepare the san	starch, inulin, fructooligosaccharides (FOS), SEC chromatography. The for SEC chromatographic analysis. He can operate a and the chromatographic software. He is able to calculate	TŻ2_U02 TŻ2_U03 TŻ2_U05 TŻ2_U07 TŻ2_U08	R	
ABC_U3	isolate bioactive proteins fror material (seeds of chia, flax,	n cereal grain (e.g. rye, wheat, corn) and from other plant etc.).	TŻ2_U03 TŻ2_U05	R	
ABC_U4	from cereals. He is able to pr	phenolic acids content in cereals and the products derived epare the samples for chromatographic analysis. He can natograph and the chromatographic software. He is able	TŻ2_U03 TŻ2_U05 TŻ2_U07 TŻ2_U08	R	
	S	OCIAL COMPETENCE- student is ready to:			
ABC_K1	express objective evaluation and work in team	of his work and work of his team. He is able to cooperate	TŻ2_K05 TŻ2_K08	R	
ABC_K2	creatively solve analytical pro	blems and organizes workshop.	TŻ2_K01 TŻ2_K03	R	
Teaching con	tonts				
Lectures			15	hours	
	Bioactive components in cere	eals. Potential of cereals as a superfood.			
	Soluble and insoluble dietary fiber - is it healthy or not? Analysis of the composition of dietary fiber. An impact of dietary fiber on technological properties in food production.				
Topics of the lectures	What size are cereals polysaccharides? Methods of determination of molecular mass of cereal polysaccharides and practical application of the knowledge of polysaccharide molecular structure in food and non-food industry.				
	Cereal proteins – what is their role in cereal products? Methods of isolation of bioactive proteins and examination of their structure and properties.				
	Phenolic compounds as antioxidants having anti-cancer and anti-aging activity. The influence of ferulic acid on texture of cereal products.				
	Substances affecting flavor (smell, taste and appearance) of food products.				
	Future prospects for the analysis of bioactive components in plant material. Application of the knowledge concerning bioactive compounds in food industry, pharmacy, cosmetics, medical sciences and more.				
Accomplished	learning outcomes	TŻ2_W01, TŻ2_W02, TŻ2_W03, TŻ2_W04, TŻ2_W05, TŻ TŻ2_W10, TŻ2_K01 TŻ2_K02, TŻ2_K03, TŻ2_K04	Ż2_W06, TŻ2_W	/09,	

Verification methods, rules and criteria of	Written test – share in final grade of the module 50%, positive assessment for 60%
outcome assessment	points.

Classes		15 hours		
Topics of the classes	TLC and HPLC chromatogra in cereal grains.	ohy – modern, accurate, simple and fast methods for determination of sugar composition		
	SEC chromatography as a to soluble arabinoxylans and $\beta\text{-}$	ol for determination of molecular mass of starch, inulin, fructooligosaccharides, water glucans.		
	Isolation of bioactive proteins from rye and wheat grain.			
	Non cereals but often treated as cereals – determination of unique properties of plant seeds of Chia, Flax and others. Determination of selected phenolic acids in cereal and cereal products.			
Accomplished learning outcomes		TŻ2_U01, TŻ2_U02, TŻ2_U03, TŻ2_U05, TŻ2_U07, TŻ2_U08, TŻ2_U09, TŻ2_U1 TŻ2_U11, TŻ2_K01 TŻ2_K02, TŻ2_K03, TŻ2_K04		
Verification methods, rules and criteria of outcome assessment		Report concerning laboratory work (one for whole group) – share in final grade of the module 50%.		

#### Seminars

Seminars		 hours
Topics of the seminars		
Accomplished learning outcomes	symbol of learning outcomesof the seminars	
Verification methods, rules and criteria of outcome assessment	together with participation in the final asessement (in %)	

## **References:**

Basic	1. Eliasson A.C. (2006). Carbohydrates in food, 2nd edition. Taylor & Francis, New York. 2. Ito R., Matsuo Y. (2010). Handbook of carbohydrate polymers: development, properties and applications. Nova Science Pub Inc. 3. Kamerling J.P. (2007). Comprehensive Glycoscience. From Chemistry to Systems Biology. Elsevier Itd.
Supplementary	1. AOAC. Official methods of analysis. 18th edn. Gaithersburg Association of Official Analytical Chemists International (2006).2. Chaplin M.F. Kennedy J.F. (1994). Carbohydrate Analysis. Oxford University Press. 3. Buksa K., Ziobro R., Nowotna A., Praznik W., Gambuś H. 2012. Isolation, modification and characterization of soluble arabinoxylan fractions from rye grain. European Food Research and Technology. 235 (3), 385-395.

# Structure of learning outcomes:

Discipline: R – Agricultural science - discipline nutrition and food technology			4	ECTS <sup>**</sup>	
Discipline: # (provide appripriate symbol - if the course relates to more than one academic discipline )					ECTS <sup>**</sup>
Structure of	student activities:				
Contact hour	rs	32	hours	1,3	ECTS <sup>**</sup>
including:	lectures	15	hours		
	classes and seminars	15	hours		
	consultations	1	hours		
	participation in research	0	hours		
	mandatory trainerships	0	hours		
	participation in examinations	1	hours		
e-learning			hours		ECTS <sup>**</sup>
student own work		68	hours	2,7	ECTS**

Syllabus valid from the academic year 2021/2022

- \* where 10 hours of classes = 1 ECTC (in case of 15 h  $\rightarrow$  2 ECTS)
- \*\* stated with an accuracy to 0.1 ECTS, where 1 ECTS = 25 30 hours of classes
- # academic discipline code: RZ animal science and fishery, PB biological sciences, etc.